

What to do if an Overdose is suspected

The Good Samaritan Drug Overdose Act is a law in Canada that provides legal protection for people who experience or witness an overdose and call 911 for help. The act protects:

- The person who seeks help
- The person experiencing an overdose
- Anyone at the scene when help arrives



**Good Samaritan
Drug Overdose Act**

- 1 Call 911 during an overdose situation
- 2 Stay with your friend until help arrives
- 3 Save a life

**NOW LAW
IN CANADA**

Bill C-224 provides immunity from drug possession or breach charges for those who seek help in an overdose emergency.

Services in Our Community

Needle Exchange

Monday to Friday: 1:00pm – 4:00pm

John Howard Society
27 King St

Road to Recovery

705-450-7444

332 Queen Street East

Withdrawal Management Detox

7 days a week, 24 hours a day

705-942-1872

911 Queen Street East

Addictions Treatment Clinic

Walk-In Counselling

Monday & Friday 1:00pm – 3:00pm

(705) 759-1703

123 East Street

OATC-Methadone Clinic

500 Queen St. East

705-759-8080

CADAP-Algoma Public Health

705-942-4646 ext 3148

Knowyoursource.ca

Informational website that has specifics pertaining to Fentanyl use and resources in Sault Ste. Marie & Area



Overdose Awareness & Information

Anyone who uses drugs can overdose - from first time user to the most experienced user

BUT OVERDOSES DO NOT HAVE TO BE FATAL

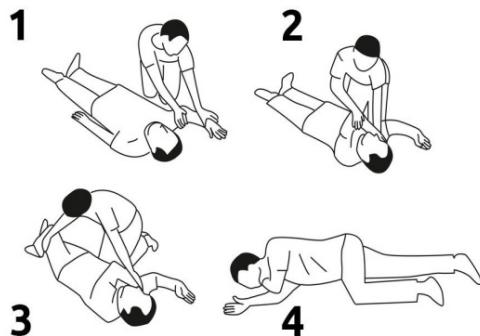
Signs of an overdose:

- No response to stimuli
- Shallow, labored, or no breathing
- Cannot be woken up
- Snoring or gurgling
- Blue/grey lips or finger tips
- Floppy arms or legs

How to Respond:

- Check for danger
- Call an ambulance and stay on the line
- Administer Naloxone/Narcan
- Put the person in recovery position

Overdose Recovery Position



Overdose Prevention Tips

1. Avoid Mixing Drugs

Many opioid overdose deaths in Ontario involve mixing depressants such as alcohol or benzos.

2. Know Your Drugs

Some drugs are cut with contaminants and vary in potency while other drugs can be tampered with. Ask yourself: Do I know my dealer? Has my dealer changed? Is it a new supply? Am I taking a new opioid?

If yes, test a small amount first. You can always take more if needed.

3. Be Aware of Changes in Your Tolerance

Your tolerance can change if you haven't used in awhile and also due to stress, weight changes, liver health or infections. Use smaller amounts to prevent overdose, you can always add more if needed.

4. Don't Use Alone

If you are alone and overdose no one is there to help you. Use with a friend, leave your door unlocked, or call someone to let them know you are going to use so that they can check on you.

Naloxone/Narcan

What is it?

Naloxone or Narcan is a drug that can temporarily reverse an opioid overdose. After administering a dose of naloxone the individual still needs to seek medical attention.

Getting your own Naloxone/Narcan Kit:

You can receive your own free naloxone kit at participating pharmacies (Walmart, Medicine Shoppe, IDA Pharmacies and more) as well as community organizations such as Needle Exchange, Algoma Public Health, Group Health Centre and Sault Area Hospital. You will receive training on how to use it when you receive it.

